



Motivation: 80/20 Success Guide: Fast and Effective Motivation Tactics to Help You Get Up Early and Stay Up Late (Motivation Quotes and Tips)

Tracy Weaver-MBA

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Today only, get this Amazon bestseller for just \$2.99. Regularly priced at \$4.99. Read on your PC, Mac, smart phone, tablet or Kindle device.

You're about to discover how I got out of my slump and turned my life around starting with the principles in this book. Get out of bed and get moving today!

"People often say motivation doesn't last. Neither does bathing—that's why we recommend it daily." -Zig Ziglar

I really love that quote and refer to it often when I start to feel like I might be wasting my time reading uplifting books or listening to motivational audio and video tracks. The truth is that there is nothing wrong with looking extrinsically for some motivation, which helps us fine tune our intrinsic motivational capabilities.

There is no real secret to getting motivated, however most of us have not built a good framework in our minds of just what it takes to get started and to keep going. I blame the school system for this, no offense to schools, but we never had to exercise our motivation muscles simply because we HAD to go, especially through the high school categories. Sort of a motivation via threat situation. So don't beat yourself up, the past is the past and now you are taking action to learn the proper tools and habits to get you motivated. My Slump--I have had my share of lack of motivating moments, there was a time in my life where I could not pull myself out of bed before noon. In fact there were a few occasions I can remember sleeping all day, even after a full night's sleep. I just couldn't get my act together and get up and do something. So rest assured that whatever you are feeling or no matter how lazy you think you are, I have probably got you beat (and have bed sore scars to prove it).

My Promise to You--The lessons in this book contain the exact framework and actions to take to get out of a slump and get motivated to do whatever it is you know in your heart you should be doing but aren't. I have read all of the self help books on motivation and getting out of ruts and this book is simply the best of the best tools and knowledge that I personally have gathered up and utilized in my own life. If you can even take one nugget of this information and apply it to your own life, today, I promise you will immediately be in a better place and on a better path.

Here Is A Preview Of What You'll Learn...

- The Morning Routine that Will Change Your Life--Today!
- How Often You Should be Doing Motivation Exercises

- The Fastest Way to Achieve Your Goals
- Top 10 Motivations Drains You Must Remove from Your Life Now
- Much, much more!

Stop waiting for something magical to happen, make your own magic and download your copy today!

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