



FRUIT INFUSED WATER: 70 Vitamin Water Recipes To Finally Cure Tasteless H2O (Fruit Infusion Book, Fruit Infused Water) (Fruit Infused Water Recipe Book)

Darrin Wiggins, Charity Wilson, My Recipe Journal

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70+ Fruit Infused Water Recipes For Weight Loss

Are you frustrated with your lack of weight loss? Have you tried every supplement, fad diet and exercise program available? Have you ever considered you have not been losing fat due to being dehydrated?

The author has seen amazing results with his weight loss clients through the use of **fruit infused water**. It tastes great and removes the need for sugary drinks and even artificial sweeteners. Fruit infused water not only helps with weight loss but increases your energy, vitality and overall health.

Vitamin Water Weight Loss

What makes fruit infused water work so well for weight loss? It's just water after all? The secret of vitamin water is it staves off the boredom of drinking tasteless water. Experts recommend you divide your body weight in half and then drink that much water in ounces. That is liters of water that without adding flavor will never get consumed.

As a weight loss coach, Darrin is always looking for new, natural ways to help his clients gain an edge with their weight loss and **fruit infused water** has been a bit of a miracle. His clients experience a huge decrease in cravings and stop struggling with sugar addictions. They exercise harder and more often with the increased energy. All this leads to rapid weight loss.

Clients love the feeling of being fully hydrated which is essential to achieving their weight loss goals. These vitamin water recipes won't melt the fat off of you by themselves but will support all the hard work you put into eating right and exercising intensely.

Why You Want To Drink Fruit Infused Water

If the flavor change isn't enough to convince you here are some other benefits:

- Practically zero calories without artificial sweeteners
- **Herbs taste great and you can use them as natural herbal remedies**

- Easy way to drink weight loss promoting tea
- **Boosts metabolism with the right combinations**
- Fills you up so you don't eat as many calories
- **Detoxes you by flushing toxins from your system**
- And much more

Would You Like To Know More?

Don't miss out on all the **delicious fruit infused water recipes and the free gift** you will find inside.

Scroll to the top of the page and select the 'buy button' now.

This book contains most of my books plus another author's as a way to say thank you to you my reader.

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