



# Contemporary Diagnosis and Management of Obesity and the Metabolic Syndrome

*George A. Bray*

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# Contemporary Diagnosis and Management of Obesity and the Metabolic Syndrome

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**Contemporary Diagnosis and Management of Obesity and the Metabolic Syndrome** George A. Bray  
Practice-based text and illustrations make this handbook an invaluable reference guide for primary care physicians treating patients who are obese or are approaching obesity. A detailed discussion covering the complexities of the metabolic syndrome is also included in this handbook.

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