



Survival Pantry: The Best Instructions for Safe Canning, Freezing and Drying Food in a Case of Emergency (Survival Pantry, Preppers Pantry, Prepper Survival)

Melvin Garcia

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Survival Pantry

The Best Instructions for Safe Canning, Freezing and Drying Food in a Case of Emergency

Whether you're preparing for the worst case scenario or you simply want to stock up for a rainy day, learning how to preserve your own food is an important skill that should be in every family's playbook. Whether it's learning how to can your own recipes at home for long-term storage, dehydrating meat and produce for future use, or preparing frozen meals for the future, knowing how to safely do so is of the utmost importance. With this easy-to-read guide, you'll follow step-by-step instructions that will have you ready to start preserving your own food in no time. Building a survival pantry for emergencies is one of the easiest common-sense things that a family can do in order to be prepared for anything that might come.

Here is what you will learn after reading this book:

- Various methods for preserving food to build your emergency survival pantry
- Two different methods for canning fruits, vegetables, jams, jellies, sauces, meat, and complete recipes and when to use them
- What foods to avoid freezing under all circumstances
- How to dehydrate your own fruits and vegetables for long-term storage
- How to dehydrate meat to create your own homemade jerky
- Safe practices for food preservation and handling, including safe thawing of frozen items

Read this book to the end and see "**BONUS: Your FREE Gift**" chapter after the conclusion. _____

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