

## Why You Should Not Do Your Best: The 85% Rule

David Baker



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Do you ever feel that you are living by someone else's standards and that you cannot measure up? Do you find that your life is out of balance and lacks opportunities for rewarding and enriching activities? Why You Should Not Do Your Best: The 85% Rule shows you how to cut through perfectionist tendencies and take charge of your life using the resources already available to you.

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