



Self Help: A Motivational and Inspirational Guide to Your Personal Growth and the Next Level of Success (Overcome Stagnation, Procrastination, Personal ... Visualization, Setting Goals, Self Growth)

Sat Sahasi

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A Motivational and Inspirational Guide to Your Personal Growth and the Next Level of Success

This book has everything you need to help you unlock your next level of success.

Life is a long, continuous journey (it was intended so). As such, we have to keep on moving regardless of the magnitude of trials coming our way. Unfortunately, most of our lives have become as stagnant as a pool of water.

If you've ever been on a long journey or odyssey, you undoubtedly know that to reach your destination, you have to keep strong, persevere, and overcome the many trials and tribulations you're bound to encounter on the journey. Coincidentally, a long arduous journey is an apt representation of the lives we live today.

The sad truth is that most of us have forgotten the changing nature of life and all things about living. We have become complacent with stagnation. We have become zombies on autopilot who simply 'zombie' through our morning routine, show up at work, autopilot through the day, sit silently in the jam for hours on end in the evening, pass by the fast food joint, and find our favorite spot on the couch in front of the Idiot Box.

Instead of our lives being the journey they were meant to be, we have allowed technology and the vicissitudes of our everyday life to turn our lives into destinations. When our lives become destinations rather than the journey, we allow different emotions and problems, good or bad, to stagnate in our lives. The most saddening thing about this is that most of us have accepted this as the status quo, often expect it, and even feel disappointed, angry, or depressed when life's many surprises throw our life out of autopilot mode and force us to wake up.

Like every journey, life should be exciting and unpredictable. While life is indeed, unpredictable, unpredictable doesn't always mean bad. Sometimes, the unexpected can turn out better than the expected. Is your life stagnant? Want to take control of your life but don't know how? Read on to know how you can finally disengage the autopilot and take control of your life.

What you will learn from this book

- How to Overcome Stagnation and Procrastination
- Personal Development and Creative Visualization
- Setting Goals-The Epitome of Self Growth
- Goals for Next Level Success

- How to Create Smart Achievable Goals
- Spiritual Growth and Personal Success

The regular price for this book is \$2.99 but for today only you can download it for \$0.99! **Download your copy today**

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