



# Raising Goats Naturally: The Complete Guide to Milk, Meat and More

*Deborah Niemann*

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Complete self-sufficiency may seem out of reach, but for more and more of us, increasing our self-reliance as much as possible is the order of the day. Incorporating dairy goats as the centerpiece of a diversified homestead can be the key to achieving this goal, and *Raising Goats Naturally* will show you how.

By working with nature, you can raise dairy goats and produce your own milk, cheese, meat, fertilizer, leather, fiber, and soap—all without relying on drugs or following the factory farm model. By observing your own animals closely and educating yourself about their specific needs, you can create an individualized plan for keeping them healthy and maximizing their productivity. This unique, fully-illustrated guide will teach you to help your herd thrive with:

- breed-specific descriptions to help you choose the right goats for your goals and lifestyle
- detailed information on housing, fencing, breeding, health, milking, and nutrition
- complete recipes and instructions for making your own cheese, dairy products, and soap, as well as cooking with goat meat

Packed with personal experiences backed up by expert veterinary advice and scientific studies, *Raising Goats Naturally* brings together a wealth of practical information on raising goats for the love of it and using their milk and meat to become more self-reliant.

**Deborah Niemann** is a homesteader, writer, and self-sufficiency expert who has raised livestock for over ten years. The author of *Homegrown and Handmade* and *Ecothrifty*, she presents extensively on skills for living a self-reliant life.

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