



# Zoe to the Max! Enjoying Your Life As Much As God Wants You To!

*Dr. E. Tracy Spaur*

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## **Zoe to the Max! Enjoying Your Life As Much As God Wants You To!** Dr. E. Tracy Spaur

Are you enjoying your life to the max? Dr. Spaur explores God's intention and design for us to enjoy our lives to the maximum extent. He unpacks the full meaning of the Greek word *zoe* translated simply as life in the Bible. The meaning goes far beyond merely existing. Jesus used *zoe* when He said, *I have come that you might have life (zoe) and have it to the full (max)*. (John 10:10)

This groundbreaking book demonstrates how to experience Zoe to the Max by entering The Zoe Zone the mastery of 10 out of 10 key areas of life. These areas cover the essence of how to practically live a happier life. This unique approach will inspire you to exchange merely existing for really living and move to new levels of fulfillment and enjoyment of your life. Dr. Spaur's enthusiasm is truly contagious, and his practical teaching style is refreshing.

Here are some recent comments from readers. *I want to say a big THANK YOU for writing this book! It told me things that I never thought of before. I've been learning so much. I loved the book so well I gave it to relatives and friends. One friend loved it so well he wanted two more, one for each daughter. They want to use it for their small group study. Another friend from Michigan wants three more books. I am still talking to people about your book. It has helped me in so many different ways.* -Shirley Mahle, Washington DC area.  
*I did not understand until I read Zoe to Max how to practically have a personal relationship with Jesus. You gave me a real-life model to start with then you show how to cultivate and maintain it. There is a lifetime of wisdom packed into these pages and I keep it close and review it often.* -Mark Huey, Richmond Virginia

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