



# What I've Always Known: Living in Full Awareness of the Earth

*Tom Harmer*

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“There’s a war going on. A war against the earth, against mother earth. I wonder whose side you on?” So says Clayton Tommy, Salish teacher and mentor, to Tom Harmer, his apprentice in the old ways of the native peoples of the American Northwest, and the even more ancient ways of nature.

**What I’ve Always Known** is Harmer’s wondrous memoir of his pursuit of the answer to that question. Roaming the mountains and forests with Clayton, Harmer is guided along the arduous and perilous road of “self-training,” as he learns how to interpret his dreams, participate in sweatlodges and healing ceremonies, track and hunt deer, deal with raw fear, and—Clayton’s own personal gift—foretell, and even influence, the weather. By journey’s end he realizes that the legacy he has received is the knowledge of how to live in a way that benefits and serves the earth and all the creatures who call it home.

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