



The Pastor and the Prayer: Addiction Recovery Through Living The Serenity Prayer

Tom Peers

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This is the story of a pastor becoming so depressed that he incrementally isolated, became addicted to alcohol, resigned ministry, and then sought help. More than that, it's the story of the steps he took to recover, and the prayer that God used to open up a whole new world of spiritual and emotional health. It is the story of a "second conversion."

You will learn:

- The foundational emotion that drives all addiction.
- The remedy to overcome that emotion.
- How to live in the reality of the full Serenity Prayer.
- Concrete action steps for recovery.
- The balance between acceptance and resistance.
- The difference between desires and expectations.
- Four key attitudes necessary to maintain emotional sobriety.

Part 1: The Pastor: The author's own story.

Part 2: The Prayer: A line-by-line explanation of the full Serenity Prayer.

Part 3: The Prescription: Identifies the root problem of addiction and its remedy.

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The book *The Pastor and the Prayer: Addiction Recovery Through Living The Serenity Prayer* gives you the sense of being enjoy for your spare time. You may use to make your capable much more increase. Book can for being your best friend when you getting pressure or having big problem using your subject. If you can make reading a book *The Pastor and the Prayer: Addiction Recovery Through Living The Serenity Prayer* being your habit, you can get considerably more advantages, like add your own personal capable, increase your knowledge about many or all subjects. You may know everything if you like available and read a book *The Pastor and the Prayer: Addiction Recovery Through Living The Serenity Prayer*. Kinds of book are several. It means that, science publication or encyclopedia or others. So , how do you think about this e-book?

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The publication with title *The Pastor and the Prayer: Addiction Recovery Through Living The Serenity Prayer* contains a lot of information that you can learn it. You can get a lot of help after read this book. That book exist new know-how the information that exist in this guide represented the condition of the world now. That is important to yo7u to learn how the improvement of the world. This kind of book will bring you in new era of the syndication. You can read the e-book on the smart phone, so you can read the idea anywhere you want.

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Playing with family in a very park, coming to see the water world or hanging out with good friends is thing that usually you will have done when you have spare time, and then why you don't try issue that really opposite from that. Just one activity that make you not sense tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of information. Even you love *The Pastor and the Prayer: Addiction Recovery Through Living The Serenity Prayer*, you can enjoy both. It is fine combination right, you still wish to miss it? What kind of hangout type is it? Oh occur its mind hangout folks. What? Still don't get it, oh come on its called reading friends.

Melissa Kim:

The book untitled *The Pastor and the Prayer: Addiction Recovery Through Living The Serenity Prayer* contain a lot of information on this. The writer explains her idea with easy technique. The language is very clear to see all the people, so do not worry, you can easy to read the idea. The book was written by famous author. The author brings you in the new period of time of literary works. You can read this book because you can continue reading your smart phone, or gadget, so you can read the book with anywhere and anytime. If you want to buy the e-book, you can wide open their official web-site along with order it. Have a nice read.

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